

Book a Workshop with Randi Silverman

CEO, The Youth Mental Health Project



Having raised a child with anxiety, depression and mood disorders along with two other children, Randi Silverman gives an eye opening and enlightening talk about the opportunity that lies in the trusted relationship between family and doctor.

When doubts arise in parents they are struggling and confused. They grasp for help from trusted medical professionals or friendly service providers who can speak in confidence and share the common goal of health and well being for children. Raising awareness of the challenges families confront in finding accurate information, assessing the problem, building a sense of context and trust, and finding effective treatment, Randi is compassionate and powerful in her message change comes from a culture of openness.

With an under-graduate degree from Franklin & Marshall College and a law degree from The University of Pittsburgh School of Law Randi shares her knowledge and experience for an inspiring and informative presentation.

Among other accomplishments, Randi created a feature film that powerfully tells her story and that of many other families who struggle with mental health conditions. Released in 2016, No Letting Go is an award winning feature film.

DOCTORS, HEALTH CARE WORKERS & SERVICE PROVIDERS:

Method of delivery:

By sharing her personal story, as well as her later experience and leadership of The Youth Mental Health Project she is able to remind the audience of how parent education can empower prevention, early intervention and reduce harmful long term outcomes.

“Randi’s presentation was EXACTLY what we needed to hear and experience in order to reconnect with the people we serve and be reminded of just how connected we all are in this world.

In a survey following the conference, which in total featured over 20 speakers, from keynotes to breakout sessions, Randi ranked #2 in attendee satisfaction (97%), ONLY behind Dr. Laurence Steinberg, who is a world-renowned adolescence brain expert. We highly recommend Randi as a speaker for any audience demographic and any size.”

Senior Vice President, Marketing & Resource Development Clarity Child Guidance

Key Learning Objectives:

- *Provide a model of open communication and partnership with caregivers to enhance treatment and recovery.
- *Proactively address youth mental health to improve outcomes.
- *Educate parents to help reduce stigma and advance general awareness of youth mental health care.
- *Encourage kindness, compassion and understanding which are essential to normalizing youth mental health concerns.

Workshops can range from 45 minutes to 1.5 hours. Costs may vary depending on the amount of additional research and information needed for the particular audience. All presentations can be created in partnership with the organization hosting.

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