



INTERNSHIP JOB DESCRIPTIONS

Put your time, enthusiasm, and creativity to work helping to promote better mental health for youth!

The Youth Mental Health Project is a grassroots nonprofit organization whose mission is to educate, empower, and support families and communities to better understand and care for the mental health of our youth.

We envision a world made up of informed families and caring communities that realize and strengthen the mental health of our youth — a world where people are just as aware of their mental health as their physical health, where families are validated and able to readily access the care they need.

The Youth Mental Health Project is offering multiple internship opportunities for summer, fall, or winter/spring semesters for high school students, college students, and those pursuing graduate degrees and who are motivated to reduce the blame, shame, and misunderstanding about mental health and to work for change.

Program & Outreach

Responsibilities include, but are not limited to, assisting with project management and the recording of our facilitator training program; providing research and support for community outreach initiatives; strengthening existing partnerships with local community agencies (e.g., school guidance departments, developing a framework for a YMHP club in high schools) and seeking out new ones; and collecting stories from children and families who have battled mental health challenges.

Communications & Engagement

Responsibilities include, but are not limited to, supporting staff with social media, e-mails, marketing of events and programs, newsletters, flyers, etc); developing innovative ways to expand our social media follower base; and creating focused awareness campaigns as directed by supervisors.

Fundraising/Development

Responsibilities include, but are not limited to, assisting with fundraising initiatives; assisting with partnership development, help research grant and foundation funding sources and help develop materials needed for grant applications.

Research, Statistics, and Content

Assist with monthly webinars (determining best topics, booking webinar hosts and panelists, creating social media and email content and recordings, etc); developing resources about mental health for our website, social media and youth programming, assist with youth content and resources on our website. Work on youth programming. Metrics and Measures analysis.

QUALIFICATIONS:

- Professional, motivated, creative, energetic, self-starter
- Excellent communication skills
- Strong writing, grammar and proofreading skills
- Desire to make a positive impact on the mental health community
- Ability to work independently with indirect supervision in a busy environment
- Strong knowledge of social media
- Basic knowledge of Microsoft Office
- Organized, flexible, and patient

Candidates must have their own computer/laptop and appropriate related software/hardware.

Days and hours are flexible, but an ideal candidate would work 10 to 15 hours per week; schedule is negotiable. All work can be done from home. Minimum of one full semester commitment requested. Position is unpaid.

To apply for this position, please submit your application and send your resume with a cover letter, including which internship focus area(s) is of interest, names and contact information for three professional references to Lisa Unger lisa.unger@ymhproject.org. If you have questions, please feel free to contact Lisa at 914-584-8279.

[Submit Your Application Today Using This Link!](#)

The Youth Mental Health Project™ does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.